



March 2012

Westchester School District
Elementary School K-6 T (LN)



Preferred Meal Systems, Inc.
preferredmealsystems.com

Monday	Tuesday	Wednesday	Thursday	Friday
			1 CRISPY CHICKEN FILLET (WHOLE GRAIN) Garden Vegetables Fresh Banana Whole Wheat Hamburger Bun	2 CHEESE PIZZA DIPPERS Marinara Dipping Sauce Mixed Greens Salad Peach Cup Cherry Muffin
5 ROTINI PASTA BAKE (WHOLE WHEAT) Green Garden Peas Cherry Frozen Juice Bar	6 ORANGE GLAZED CHICKEN W/BROWN RICE & VEGETABLES Pineapple Cup Soft Breadstick	7 PEPPERONI PISA PIZZA (WHOLE WHEAT) Fresh Baby Carrots Apple-Cranberry Juice	8 MINI CORN DOG & CHICKEN FUN MIX W/POTATOES Fresh Apple Corn Muffin	9 ZESTY VEGETARIAN CHILI W/ POTATO BAKE Fresh Banana WG Tortilla Rounds
12 POPCORN CHICKEN W/POTATO FUN SHAPES Peach Cup	13 HOMESTYLE SALISBURY STEAK W/GRAVY Mashed Potatoes Mixed Fruit Cup Whole Wheat Hamburger Bun Mini Pretzels	14 CRISPY CHICKEN FILLET (WHOLE GRAIN) Green Garden Peas Fresh Orange Whole Wheat Hamburger Bun	15 BEEF SAUSAGE PIZZA (WHOLE WHEAT) Mixed Greens Salad Grape Juice	16 MACARONI & CHEESE (WHOLE WHEAT) Garden Vegetables Fresh Pear
19 BAKED CHICKEN NUGGETS(WHOLE GRAIN) Maple Baked Beans Peach Cup	20 SLOPPY JOE Buttered Corn Orange Juice Whole Wheat Hamburger Bun Fritos	21 HOT DOG FRENCH FRIES Fresh Banana Whole Wheat Hot Dog Bun	22 CHICKEN & PASTA FUN SHAPES W/ MARINARA & VEGETABLES Fresh Pear Corn Muffin	23 CHEESE PIZZA DIPPERS Marinara Dipping Sauce Fresh Baby Carrots Pineapple Cup
26	27	28	29	30
<h1>SPRING BREAK</h1>				

***ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF MILK.

***MENU SUBJECT TO CHANGE.



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