

Child Care Assistance / Resources After School Programs

Action for Children Child Care Resource and Referral

1340 S. Damen Avenue
Chicago, IL 60608
Phone: (312) 823-1100

www.actforchildren.org

Provides referrals for child care and assistance based on income guidelines and may be helpful for summer day programs through the YMCA as well.

Proviso Leyden Council for Community Action

411 W. Madison Avenue
Maywood, IL 60153
Phone: (708) 450-3500

*Provides financial counseling and low income energy assistance, family case management, **after school tutoring**, **Teen Reach program**, Head Start, preschool, day care, affordable summer camps.*

Boys and Girls Club of West Cook County

4000 St. Paul Avenue
Bellwood, IL 60104
Phone: (708) 547-6900

www.bgcwestcook.org

*Offers character and leadership development programs, health and fitness programs, summer camps, and an **after school tutoring** program called Power Hour for children ages 6-12.*

Westchester Park District

10201 Bond Street
Westchester, IL 60154
Phone: (708) 865-8200

wpdparks.org

Offers Smart Start Early Childhood and a before and after school program for Kindergarten through 4th grade students.

Big Brothers, Big Sisters of Metropolitan Chicago

W. Lake Street, 5th Floor
Chicago, IL 60661
312-427-0637 or 312-207-5614

www.bbbschgo.org

Mentoring program - Matches children and teens ages 6-14 with adult volunteer mentors develop one-on-one relationships.

CEP Youth Leadership, Inc.

4903 S. Gilbert Avenue
LaGrange, IL 60525
(708)579-5898

www.cep4youth.org

Mentoring, tutoring, volunteer and leadership programs.

Cancer Support

Wellness House

131 N. County Line Rd.
Hinsdale, IL 60521
(630) 323-5150

www.wellnesshouse.org

Free education, counseling, and support groups for families affected by cancer.

Imerman Angels

400 W. Erie St., Suite 405
Chicago, IL 60654
(312) 274-5529

www.imermanangels.org

No-cost service - Connects individuals fighting cancer and their family members with cancer survivors or other cancer caregivers and family members who have been through the illness and who can provide support and encouragement. Can connect adults and children or teens.

Counseling & Mental Health Services

The Family Institute at Northwestern University

335 N. LaGrange Rd.
LaGrange, IL 60525
Phone: (708)482- 8812

Offers a Child & Family Clinic with a sliding scale, in addition to services through insurance or private pay.

Pillars

333 North LaGrange Rd., Suite One
La Grange Park, IL 60526
708-PILLARS (745-5277)

info@pillarscommunity.org

*Provides counseling for children, adults and families. Offers grief and loss support services. **Safe from the Start** program for children exposed to violence, preventative housing services, Head Start, MRAI (Minors Requiring Authoritative Intervention) program, and respite services for their clients.*

ProCare Resurrection Behavioral Health

9845 West Roosevelt Rd.
Westchester, IL 60154
Phone: (708) 410- 0645

*Also offers a sliding scale basis dependent on income and insurance coverage. Crisis intervention. **Spanish speaking therapists** available.*

Counseling & Mental Health Services (continued)

Centro de Salud Familiar at Resurrection Behavioral Health

1414 West Main Street
Melrose Park, IL 60160
(708)681-0073 x5288

Spanish speaking individual and family therapists & parenting groups Wednesdays at 6:00 pm, Strengthening Families program on Saturday mornings with childcare available

Oak Brook Behavioral Health

18W100 22nd St, Suite 130
OakBrook Terrace, IL 60181
(630) 424-9204

Primarily serves children and adolescents and their families. Offers individual psychotherapy and Psychiatric, Psychological, Neuropsychological, educational, and custody evaluations.

Grief and Loss

Buddies Place @ Pillars

1023 Burlington Avenue
Western Springs, IL 60558
(708)995-3750

Support groups for children and families who have lost a parent, with on-going services available if needed.

Barr-Harris Children's Grief Center

122 S. Michigan Ave., Suite 1300
Chicago, IL 60603
(312) 922-7474

Offers evaluation and counseling for children who have been affected by loss through death, divorce, or separation. Sliding Scale fee is available if needed. Locations are throughout the city.

Heartstrings – Children's Bereavement Program at Elmhurst Memorial Hospice

855 North Church Court
Elmhurst, IL 60126
(630)530-1201

Offers an 8 week support group for children ages 6 – 12 who have suffered a loss in their family. A Concurrent Adult group is also offered to provide support to the family.

Mental Health Education and Advocacy

National Alliance on Mental Illness (NAMI)

1402 North Main Street, Suite 301
Wheaton, IL 60187
(630)752-0066

Provides, education, support, and advocacy for families who have an individual with a serious mental illness.

Psychiatric Services for Children and Adolescents

Alexian Brothers Behavioral

(No cost for Level of Care Assessment – Accept Medical Card)

1650 Moon Lake Boulevard
Hoffman Estates, IL 60169

Phone: 800-432-5005 - Call to schedule a Level of Care Assessment (no cost)
Phone: 847-882-1600

Children's Memorial Hospital

Partial Hospitalization Program / Day Program
1-773-880-6778

1-800-543-7362

*Ask for a Psychiatric Referral - * Can accept the medical card for a certain number of patients.*

Linden Oaks Hospital at Edward Hospital

Child & Adolescent Center
801 S. Washington Street
Naperville, IL 60540
(630) 646-8000

Specific programs for Chemical Dependency, self-injury, eating disorders, and other in-patient and out-patient mental health programs.

Loyola Outpatient Clinic

2160 S. 1st Ave.
Maywood, IL
(708)216-8563 or 216-0135
** Accepts the Medical Card*

Oak Brook Behavioral Health

18W100 22nd St, Suite 130
OakBrook Terrace, IL 60181
(630) 424-9204

*Primarily serves children and adolescents and their families. Offers individual psychotherapy and Psychiatric, Psychological, Neuropsychological, educational, and custody evaluations.
Takes Private Insurance*

Psychiatric Services for Children and Adolescents (continued)

Rush Medical Center
Child and Adolescent Psychiatry, Outpatient and In-patient programs
1-312-942-5437
Marshall Field IV Building
1720 W. Polk Street, Suite 135
Chicago, IL 60612

Riveredge Hospital
8311 W. Roosevelt
Forest Park, IL 60130
708-771-7000

Financial / Medical Assistance

Proviso Leyden Council for Community Action - PLCCA
411 W. Madison Avenue
Maywood, IL 60153
(708)450-3500
Provides financial counseling, low income energy assistance, family case management, and affordable after school or summer camp programs.

Department of Human Services
Family Community Resource Center
2701W. Lake St.
Melrose Park, IL 60160
Phone: (708) 338-7600
www.dhs.state.il.us
Receives applications for Cash, Food Stamps, and Medical Assistance.

All Kids Healthcare
1-866-ALL- KIDS (1-866-255-5437)
www.allkidscovered.com
Provides affordable comprehensive healthcare for all uninsured children including doctor visits, hospital stays, prescriptions, dental care, vision care, and medical devices including glasses & asthma inhalers. Monthly premiums are based on income and are lower than on the private market. You can apply online, call the number for an agent, or visit the local DHS office listed above.

Financial / Medical Assistance (continued)

Family Care Illinois
1-866-ALL- KIDS (1-866-255-5437)
www.familycareillinois.com
Provides medical coverage for parents living with children 18 and under including the same services as are included in the All Kids program. Parents must meet income guidelines based on family size, which include incomes up to \$7067 monthly gross income for a family of four. See website for the complete chart of income guidelines, call the number for an agent, or visit the local DHS office.

Cook County Department of Public Health
1701 S. 1st Avenue, first Floor, Rm. 101
Maywood, IL 60153
(708)786-4000
Clinic for Women, infants, children - WIC, family planning, dental services. Immunizations and other services.

CEDA – Near West
6141 W, Roosevelt Rd.
Cicero, IL 60804
(708) 222-3824
Provides financial assistance to low and moderate income families. Food Vouchers, rent & utility assistance, housing counseling, access to resources.

CEDA – Southwest
7666 W. 63rd St.
Summit, IL 60501
(708)458-2736
Financial assistance based on need, housing counseling, HeadStart, Day Care.

Prescription Drug Assistance
www.access2wellness.com
Provides links and information to four programs that provide assistance in obtaining prescription medication for children and adults. There are tools that assist in finding a program you may qualify for and determining if the medication is covered under the program. Programs are based on financial need.

Financial / Medical Assistance (continued)

Financial assistance for Hearing & Vision Needs Lions Club of Westchester

(708) 681-1458 – Local Number

Andreas Brandt, Current President; Tom Elsie, Contact person for glasses -

Will provide assistance for eye exam, glasses and other vision and hearing needs to low income families based on assessment of the school. Exam is through Dr. Mary Gindorf at Sunnyside and Cermak, (708) 562-3200. Referral needs to be made to the Lion's Club first.

Sight for Students

www.sightforstudents.org

Provides a certificate for an eye exam and glasses for families who fall within the income guidelines. For example, an income of \$44,100 or less for a family of four would qualify for assistance. Links to the application and income chart are on the website, as well as participating eye exam places, including Eye Care Associates, 10215 W. Roosevelt Rd., Westchester, IL.

Legal Services

Center for Conflict Resolution

11 E. Adams, Suite 500

Chicago, Illinois 60603

Phone: 312-922-6464

Fax: 312-922-6463

Email: ccr@ccrchicago.org

Website: <http://www.ccrchicago.org>

Offers free mediation services for residents of the Chicagoland area that are looking to manage and resolve conflicts.

Chicago Volunteer Legal Services

100 North LaSalle Street, Suite 900

Chicago, Illinois 60602

Phone: (312) 332-1624

Fax: (312) 332-1460

Email: cvls@cvls.org

Website: <http://www.cvls.org>

Office Hours: 9:00 a.m. to 5:00 p.m. Monday thru Thursday
9:00 a.m. to 4:00 p.m. Friday

Provides free legal services for low-income individuals and families throughout the city of Chicago. Handles everyday cases, such as divorce, bankruptcy, tort defense, consumer cases, adoptions, minor and disabled adult guardianship, and immigration. Does not handle criminal charges.

Legal Services (continued)

Coordinated Advice and Referral Program for Legal Services (CARPLS)

17 N. State St. #1850

Chicago, Illinois 60602

Hotline Number: (312) 738-9200

This service is free to low-income residents of Cook County. Clients who do not qualify for free services may be charge a \$25 fee.

Hotline Hours: 9:00 a.m. to 4:30 p.m. Monday thru Friday

9:00 a.m. to 7:30 p.m. Wednesday

CARPLS is a legal aid service that offers an immediate response to the every day legal problems confronting low-income residents of Cook County. CARPLS' Legal Aid Hotline and court-based Advice Desks give low-income clients direct access to experienced attorneys who are trained to quickly assess and respond to a wide range of civil legal problems. Attorneys do not represent clients in court.

Legal Aid Bureau of Metropolitan Family Services

1 N. Dearborn, 10th Floor

Chicago, Illinois 60602

Phone: (312) 986-4200

To make an appointment, call the above number between 9:00 a.m. – 12:00 p.m. or 1 p.m. - 4 p.m. Monday thru Friday to determine if you qualify for an assessment.

Spanish-language assistance is available.

Potential clients must meet specific residential and income criteria to receive services. If individuals do not qualify we work to connect them with other referrals and resources. Services are offered in the following areas: domestic violence, family law, consumer and housing issues, elder abuse, and financial exploitation. Legal Aid Bureau also offers workshops that help inform community residents about their legal rights.

Teen Pregnancy – Expectant Mom

Care and Counseling Center

1131 Fairview Avenue
Westmont, Illinois 60559
Phone: (630) 960-1060 (24-hour Crisis Line)
Fax: (630) 960-4130
Email: careandcounseling@juno.com
Website: www.careandcounselingcenter.org

Offers confidential assistance to women and families facing unplanned pregnancies.

Abuse – Women's Issues

Womencare Counseling Center

1740 Ridge Avenue, Suite 201
Evanston, Illinois 60201
Phone: (847) 475-7003 (To make initial appointment, call ext. 1)
Fax: (847) 556-0644
Email: emilyrose@womencarecounseling.com

Supports women and their partners, friends, and family in the face of trauma, loss, and life transitions through individual counseling, child and family counseling, adolescent counseling, group counseling, and workshops and educational opportunities.

Safe Houses/Domestic Violence Services

Constance Morris House

6120 S. Archer Rd.
Summit, Illinois 60501
Phone: (708) 485-0069
Fax: (708) 485-0160

Parenting Classes

LADSE – LaGrange Area of Special Education

1301 W. Cossitt Ave.
LaGrange, IL 60525
Jackie Clifton
(708)482-1171
(708)354-5730

Strengthening Families through Resurrection Behavioral Health

9855 Roosevelt Rd.
Westchester, IL
(708) 681-2325

Special Needs Programs

Aspire

9901 Derby Lane
Westchester, IL 60154
(708)547-3550

Community Support Services, Inc.

9021 Ogden Avenue
Brookfield, IL 60153
(708)354-4547 x189
Contact: Tonya White – Provides respite, education, and case management services.

Gateway Special Recreation Association

Ray Graham Association – Hanson Center
15W431 59th Street
Burr Ridge, IL 60527
(630)325-3857

Services for Seniors

Aging Care Connections

111 W. Harris Avenue
LaGrange, IL 60525
(708)354-1323
Resources for Grandparents Raising Grandchildren.

West Suburban Senior Services

439 Bohland
Bellwood, IL 60104
(708)547-5600
www.wsseniors.org
Provides community services and mental health services, in-home or onsite counseling for individuals or groups.

Substance Abuse Support Groups

Al-Anon and Alateen

www.al-anon.alateen.org

www.niafg.org

To find a meeting, call (888) 425-2666, Monday-Friday from 8:00-5:00pm.

In Al-Anon and Alateen, members share their own experience, strength, and hope with each other; and therefore, those who attend meetings will meet others who share their feelings and frustrations. Al-Anon is a support group for families, relatives, and friends whose lives have been affected by someone else's drinking. Alateen is our recovery program for young people.

Nearby Meeting Locations:

A1-Anon

First Congregational Church

Tuesdays, 10:00 a.m.

9146 Lincoln Ave.

Brookfield, IL 60513

Meets in basement. Babysitting provided.

St. Barbara's Rectory Club

St. Barbara's Parish

Wednesdays, 9:30 a.m.

4008 Prairie Ave.

Brookfield, IL 60513

Emmanuel Episcopal Church

Thursdays, 10:00am

203 Kensington Ave.

La Grange, IL 60525

Alateen

Euclid Methodist Church

Saturdays, 9:30 a.m.

405 S. Euclid Ave.

Oak Park, IL 60302

Contact: Tom (708) 524-9360

Alcoholics Anonymous (AA)

www.aa.org

<http://www.chicagoaa.org>

If you have problems finding a meeting, call Chicago Service Office at (312) 346-1475.

By linking to the second website, you can search for your desired meeting location in the surrounding Chicagoland area (See "AA Meeting List for Chicagoland). Meetings can be searched for by location, and you will find the day and time a meeting is held along with an address and meeting type.

Nearby Meeting Locations:

Emmanuel Episcopal Church

Mondays, 6:30pm

203 S. Kensington Ave.

La Grange, IL 60525

Meeting Locations for Spanish Speakers:

Luz y Esperanza

607 Lake St.

Maywood, IL 60153

Meetings are held at this location on 7 days a week, Sunday-Saturday.

Sundays, 5:30pm

Mondays, 10:00am and 7:00pm

Tuesdays, 10:00am and 7:00pm

Wednesdays, 10:00am and 7:00pm

Thursdays, 10:00am and 7:00pm

Fridays, 10:00am and 7:00pm

Saturdays, 7:00pm